

FREE
PATTERNS

Ben

knit in [Pure™ Merino Heather](#) or [Love it™](#)
Skill level: [Intermediate](#)



[Ben in Love It](#)



Ben is an easy cabled v-neck pullover.



[PDF Pattern Instructions](#)

(If you can't open this PDF file you need Adobe Acrobat Reader. Get it [here](#).)

Shown in size Small

SIZES

Directions are for men's size Small.

Changes for sizes Medium, Large and X-Large are in parentheses.

FINISHED MEASUREMENTS

Chest – 42(47-52-57)''

Length – 26 1/2(27-27 1/2-28)''

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MATERIALS

19(21-25-28) Balls [BERROCO PURE MERINO HEATHER](#) (50 grs), #8612 Conifer
OR 15(16-19-22) Balls [LOVE IT](#) (50 grs), #3221 Walnut
 Straight knitting needles, sizes 7 and 9 OR SIZE TO OBTAIN GAUGE
 29" Length circular knitting needle, size 7
 Cable needle (cn)
 1 St marker

GAUGE

18 sts = 4"; 24 rows = 4" in St st on size 9 needles
 21 sts = 4"; 27 rows = 4" in Cable Pat on size 9 needles
 TO SAVE TIME, TAKE TIME TO CHECK GAUGE

STITCH GLOSSARY**CB6**

Sl 3 sts to cn and hold in BACK, k3, then k3 from cn

CABLE PATTERN (Multiple of 13 sts + 7)

Row 1 (RS): Knit.

Row 2: * K2, p3, k2, p6, [rep](#) from * to last 7 [sts](#), end k2, p3, k2.

Row 3: Knit.

Row 4: * K7, p6, [rep](#) from * to last 7 sts, end k7.

Row 5: * K7, CB6, [rep](#) from * to last 7 sts, end k7.

Row 6: Rep Row 2.

Row 7: Knit.

Row 8: Rep Row 4.

Rep these 8 rows for Cable Pat.

NOTE

On back and fronts, size Small will have 8 cables, size Medium will have 9 cables, size Large will have 10 cables and size X-Large will have 11 cables. Sizes Small and Large will have cables at either side of center of V-neck like photo. Sizes Medium and X-Large will have a cable up the center.

BACK

With smaller straight needles, cast on 98(110-122-134) sts.

Ribbing: Row 1 (RS): K2, * p2, k2, [rep](#) from * across.

Row 2: P2, * k2, p2, [rep](#) from * across. Rep these 2 rows until piece measures 3" from [beg.](#) end on RS. Change to larger needles and p the next row, inc 13(14-15-16) sts across – 111(124-137-150) sts. Work even in Cable Pat until piece measures 17" from beg, end on WS.

Shape Armholes: Bind off 3 sts at beg of the next 2(4-6-8) rows, then 2 sts at beg of the next 2(4-6-6) rows. [Dec](#) 1 st at each end of the next 2(4-2-4) rows – 99(100-105-110) sts. Work even until armholes measure 8 1/2(9-9 1/2-10)", end on [WS](#).

Shape Shoulders: Bind off 10(10-11-12) sts at beg of the next 2 rows, then 11 sts at beg of the next 4 rows, end on WS. Bind off remaining 35(36-39-42) sts for back neck.

FRONT

Work same as back until armholes measure 1 1/2(2-2 1/2-3)", end on WS. Mark center 1(2-1-2) sts.

Shape V-Neck: Next Row (RS): Continuing armhole decs if necessary, work to marker, sl center 1(2-1-2) sts onto holder, work to end. Working both sides at once, continue to work armhole decs and AT THE SAME TIME, dec 1 st at each neck edge every RS row 14(14-18-20) times, then every other RS row 3(3-1-0) times – 32(32-33-34) sts each side. Work even until armholes measure 8 1/2(9-9 1/2-10)", end on WS. Bind off 10(10-11-12) sts at each armhole edge once, then 11 sts twice.

SLEEVES

With smaller straight needles, cast on 50(54-58-58) sts. Work even in ribbing same as back for 3", end on RS. Change to larger needles and p the next row, inc 9(5-1-1) st – 59 sts. Work in Cable Pat, inc 1 st each side every 1 1/2(1 1/4-1-3/4)" 10(12-15-18) times, working incs in Cable Pat as sts become available – 79(83-89-95) sts. Work even until sleeve measures 20" from beg, end on WS.

Shape Cap: Bind off 3 sts at beg of the next 2 rows, then 2 sts at beg of the next 2 rows – 69(73-79-85) sts.

Dec Row (RS): K1, k2 tog, work to last 3 sts, SSK, k1 – 67(71-77-83) sts. Rep this dec every RS row 9(10-12-13) times more, end on WS – 49(51-53-57) sts. Bind off 2 sts at beg of the next 2 rows, then 3 sts at beg of the next 2 rows. Bind off remaining 39(41-43-47) sts.

FINISHING

Sew right shoulder seam.

Neckband: With RS facing, using circular needle, beg at left front shoulder, pick up and k40 sts along left front neck edge, k1 from holder, place marker, M1k(k1 from holder-M1k-k1 from holder), pick up and k40 sts along right front neck edge, then 32(32-36-40) sts along back neck edge – 114(114-118-122) sts. DO NOT join.

Row 1 (WS): * P2, k2, rep from * to 1 st before marker, p1, sl marker, p1, ** k2, p2, rep from ** to end.

Row 2 (RS): * K2, p2, rep from * to 5 sts before marker, k2, p1, k2 tog, sl marker SSK, p1, k2, ** p2, k2, rep from ** to end – 112(112-116-120) sts. Working in ribbing as established, continue to dec 1 st each side of marker in this manner every RS row until band measures 1", end on WS. Bind off in ribbing. Sew left shoulder and neckband seam. Sew in sleeves. Sew side and sleeve seams.

