

arm knit cowl

Berroco Arm Knit Cowl

Skill level: Easy

sizes

LACEY COWL 8" wide by
28" long

LINK COWL 11" wide by
28" long

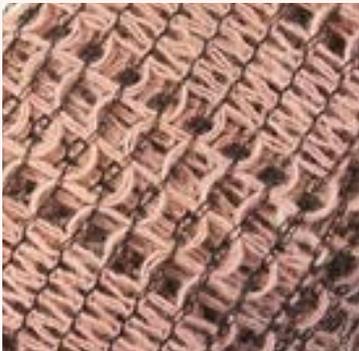
NOTE: Due to the nature of
Link, your scarf will stretch in
length during wearing and
will wind up a little longer
than original measurement.

materials

1 Hank [BERROCO LACEY](#) or
[BERROCO LINK](#)

Free Pattern

Berroco Lacey®



Berroco Link®



Arm Knit
Lacey Cowl



Arm Knit
Link Cowl

**Find this yarn
at your LYS**

**Find this yarn
at your LYS**

Our supercharged store locator goes above and beyond the ordinary. Innovatively linked to our inventory system, search for a yarn in your area and you'll pinpoint LYS's that have a proven history of ordering that product. A handy listing of all of the Berroco yarns the store carries and easy access to driving directions are also right at your finger tips. [Find all yarns now.](#)

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NOTE: We recommend using yarns called for in our instructions. Every effort has been made to ensure that directions contained in this book are accurate and complete, however errors do occur. We cannot be responsible for variance of individual knitters, human or typographical errors.

All pattern PDFs are updated when corrections are made. In the event of finding an error, please make sure you've downloaded the most recent version.

Directions are for Lacey, Link in parentheses

COWL

Cast on 6(7) sts. Arm knit as in [video](#) until 1 yard of yarn remains.

FINISHING

Bind off. Sew cast-on edge to bound-off edge, being careful not to twist piece.



Arm Knit
Lacey Cowl



Arm Knit
Link Cowl

ABBREVIATIONS & TERMS

Knit

beg: beginning
CC: contrasting color
cn: cable needle
cont: continue
dec: decrease
dpn: double pointed needles
est: established
inc: increase
K: knit
KSP: Knit 1, then slip stitch back to left hand needle, lift 2nd stitch on left hand needle back over returned stitch and replace returned stitch on RH needle (1 stitch decreased).
K2SP: Knit 2 together, then slip stitch back to left hand needle, lift second stitch on left hand needle back over returned stitch and replace returned stitch on right hand needle (2 stitches decreased).
LH: left hand
lp(s): loop(s)
LT2 (Left Twist): Skip 1 stitch, knit second stitch through back loop, then knit both stitches together through back loop
MC: main color
M1k: Pick up horizontal strand between stitch just worked and next stitch, place on left hand needle, knit this stitch (1 stitch increased).
M1p: Pick up horizontal strand between stitch just worked and next stitch, place on left hand needle, purl this stitch (1 stitch increased).
p: purl
pat(s): pattern(s)
pm: place marker
psso: pass slip stitch over knit stitch
p2sso: pass 2 slip stitches over knit stitch
rem: remaining
rep: repeat
RH: right hand
rnd(s): round(s)
RS: right side
RT2 (Right Twist): Knit 2 stitches together, leaving them on the left hand needle, then knit the first stitch again slipping both stitches to the right hand needle.
SKP: slip 1, knit 1, pass slip stitch over
sl: slip
SSK: Slip 2 stitches knitwise, insert point of left hand needle through fronts of these 2 stitches and knit 2 together.
st(s): stitch(es)

TBL: through back loop(s)
tog: together
WS: wrong side
wyib: with yarn in back
wyif: with yarn in front
yo: yarn over
end on WS: end having just completed a Wrong Side row.
end on RS: end having just completed a Right Side row
STOCKINETTE ST (St st): Knit 1 row, purl 1 row alternately when working on straight needles. The knit side is the right side of work. Knit EVERY round when working in the round on a circular needle. Reverse St st (**Rev St st**): Purl 1 row, knit 1 row alternately when working on straight needles. The purl side is the right side of the work. Purl EVERY round when working in the round on a circular needle.
GARTER ST: Knit EVERY row when working on straight needles. Knit 1 round, purl 1 round when working on a circular needle.

Crochet

bphdc (back post half double crochet): Yarn over, insert hook from back to front to back around post of half double crochet one row below, yarn over, draw up a loop, yarn over, draw through all 3 loops on hook (this is worked on even # or wrong side rows).
bptr (back post triple): Yarn over twice, insert hook from back to front around post of stitch on previous row and pull up a loop, (yarn over and draw through 2 loops on hook) 3 times.
ch: chain
dc: double crochet
fphdc (front post half double crochet): Yarn over, insert hook from front to back to front around post of half double crochet one row below, yarn over, draw up a loop, yarn over, draw through all 3 loops on hook (this is worked on odd # or right side rows)
fptr (front post triple): Yarn over twice, insert hook from front to back around post of stitch on previous row and pull up a loop, (yarn over and draw through 2 loops on hook) 3 times.
hdc: half double crochet
hdctbl: Half double crochet worked in the back loop
hdctfl: Half double crochet worked in the front loop
sl st: slip stitch
sp: space
tr: treble