

# Lisette

Designed by the Berroco Design Team



## finished measurements

Bust—36 (39, 42, 45, 48, 51, 54)"  
Length—22 (22, 22½, 23, 23½, 24, 24)"  
Shown in size 39" with approximately 6" of ease.

## yarn

**BERROCO QUINOA** (50 grs):  
7 (7, 8, 9, 10, 10, 11) balls #1001  
Sesame Seeds

## needles and notions

29" circular needles, sizes 5 (3.75 mm) and 6 (4.00 mm) for body or size to obtain gauge

1 set each double-pointed needles (dpns), sizes 5 (3.75 mm) and 6 (4.00 mm) for sleeves  
16" circular needle, size 5 (3.75 mm) for neck band.  
3 stitch markers  
Waste yarn to hold stitches  
Tapestry needle

## gauge

21 sts and 28 rnds = 4" in St st on larger needles  
24 sts and 27 rnds = 4" in charted pattern on larger needles  
*To save time and ensure accurate measurements, take time to check gauge*

**Berroco Quinoa™**

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**NOTE:** We recommend using yarns called for in our instructions. Every effort has been made to ensure that directions contained in this book are accurate and complete, however errors do occur. We cannot be responsible for variance of individual knitters, human or typographical errors.

All pattern PDFs are updated when corrections are made. In the event of finding an error, please make sure you've downloaded the most recent version.

## NOTE

Body and sleeves of this garment are worked in the round to underarms, then join for yoke, which is worked in one piece in the round.

## SLEEVES (MAKE 2)

With smaller dpns, cast on 48 (48, 48, 52, 52, 56, 56) sts. Divide stitches onto 3 needles, place marker, and join for working in the round.

**Set Up Rib: Rnd 1:** \* K2, p2, rep from \* around. Rep this rnd for 2". Change to larger dpns and work even in St st until sleeve measures 3" from beginning.

**Inc Rnd:** K1, M1, knit to 1 st before end of round, M1, k1—2 sts inc'd. Repeat Inc Rnd every 10th (8th, 7th, 6th, 5th, 4th) rnd, 7 (8, 9, 11, 12, 14, 15) times more—64 (66, 68, 76, 78, 86, 88) sts. Work even until sleeve measures 14" from beginning, ending 5 (6, 7, 8, 9, 10, 11) sts before the end of the last rnd. Slip the next 10 (12, 14, 16, 18, 20, 22) sts onto waste yarn for underarm, removing marker, and slip the remaining 54 (54, 54, 60, 60, 66, 66) sts onto another piece of waste yarn for yoke.

## BODY

With smaller circular needle, cast on 188 (204, 220, 236, 252, 268, 284) sts. Place marker, and join for working in the round.

**Set-Up Rib: Rnd 1:** \* K2, p2, rep from \* around. Rep this rnd for 2". Change to larger circular needle and work even in St st until body measures 12" from beginning, ending 5 (6, 7, 8, 9, 10, 11) sts before the end of the last round.

## YOKE

Slip the next 10 (12, 14, 16, 18, 20, 22) sts onto waste yarn for underarm, pm (this is the new beginning of the round), knit 54 (54, 54, 60, 60, 66, 66) sleeve sts from waste yarn, pm (Marker 2), knit 84 (90, 96, 102, 108, 114, 120) sts for the front, pm (Marker 3),





slip 10 (12, 14, 16, 18, 20, 22) sts onto waste yarn for underarm, (there is no marker needed here) knit 54 (54, 54, 60, 60, 66, 66) sleeve sts from waste yarn, then knit 84 (90, 96, 102, 108, 114, 120) sts for the back—276 (288, 300, 324, 336, 360, 372) sts on the needle. Work 0 (0, ½, 1, 1½, 2, 2)" even.

**Short Rows: Row 1 (RS):** Knit to Marker 2, sm, w&t.

**Row 2 (WS):** Sm, purl to Marker 3, sm, w&t.

**Row 3:** Knit to the wrapped stitch, pick up the wrap and knit it together with its stitch, knit 8 (8, 8, 9, 9, 10, 10) sts, w&t.

**Row 4:** Purl to the wrapped stitch, pick up the wrap and purl it together with its stitch, purl 8 (8, 8, 9, 9, 10, 10) sts, w&t.

Rep Rows 3 and 4 once more.

**Next Row (RS):** Knit to the wrapped stitch, pick up the wrap and knit it together with its stitch, knit to the end of the row.

**Next Row (WS):** Purl to the wrapped stitch, pick up the wrap and work it together with its stitch, purl to the end of the row. You will now be working in rounds again.

**Next Rnd:** Removing Markers 2 and 3, \* k2tog, k90(142, 298, 25, 28, 38, 44), rep from \* 2 (1, 0, 11, 10, 8, 7) times more, k0 (0, 0, 0, 6, 0, 4)—273 (286, 299, 312, 325, 351, 364) sts.

**Note:** As you decrease, following chart, when there are too few sts to fit comfortably on 29" circular needle, change to larger 16" circular needle. Begin working in pattern from chart. Work Rnds 1–73 for pattern. After all the chart rounds have been completed there will be 92 (96, 100, 108, 112, 120, 124) sts on the needle.

**For Sizes 51" and 54" ONLY: Next Rnd:** \* KX(X, X, X, X, 11, 7), k2tog, repeat from \* X(X,X, X, X, 7, 11) times more, work to end—84 (88, 92, 96, 100, 100, 100) sts.

**For ALL Sizes:** Change to smaller 16" circular needle. Work even in k2, p2 ribbing for 6 rounds. Bind off all sts in ribbing.

## FINISHING

With yarn threaded on a tapestry needle, graft the underarm stitches using kitchener stitch. Weave in all ends and block as desired.



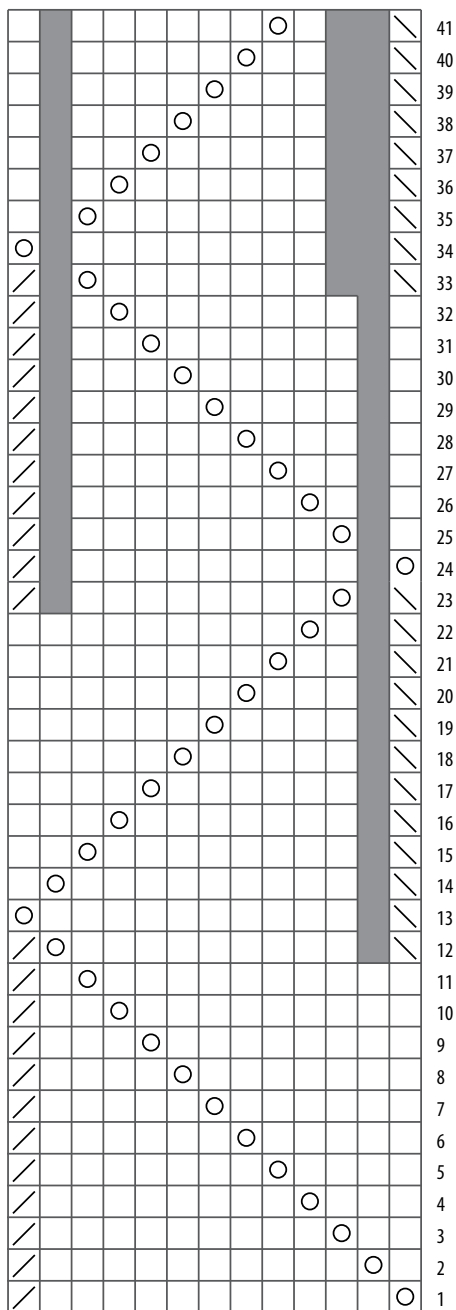
**CHART NOTES**

Work from right to left on every round. Work Rnds 1 - 41 of Section 1, then work Rnds 42 - 73 of Section 2.

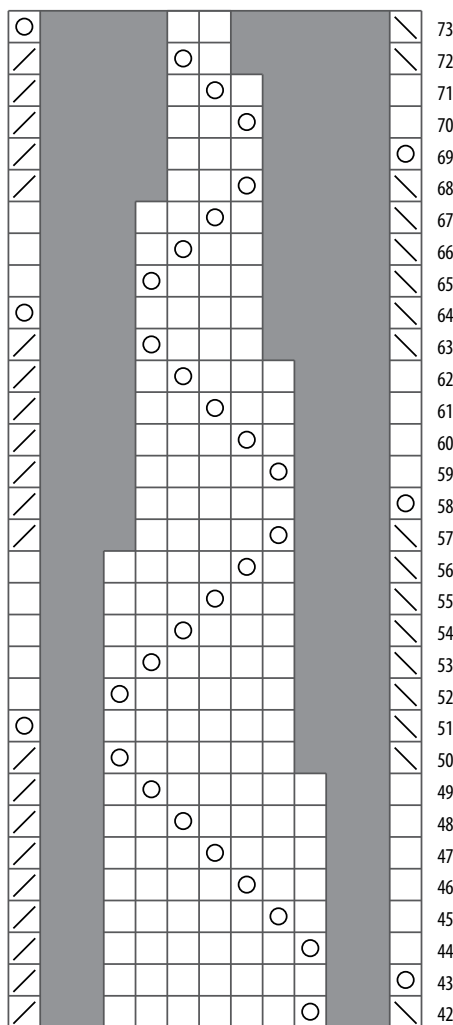
**KEY TO CHART**

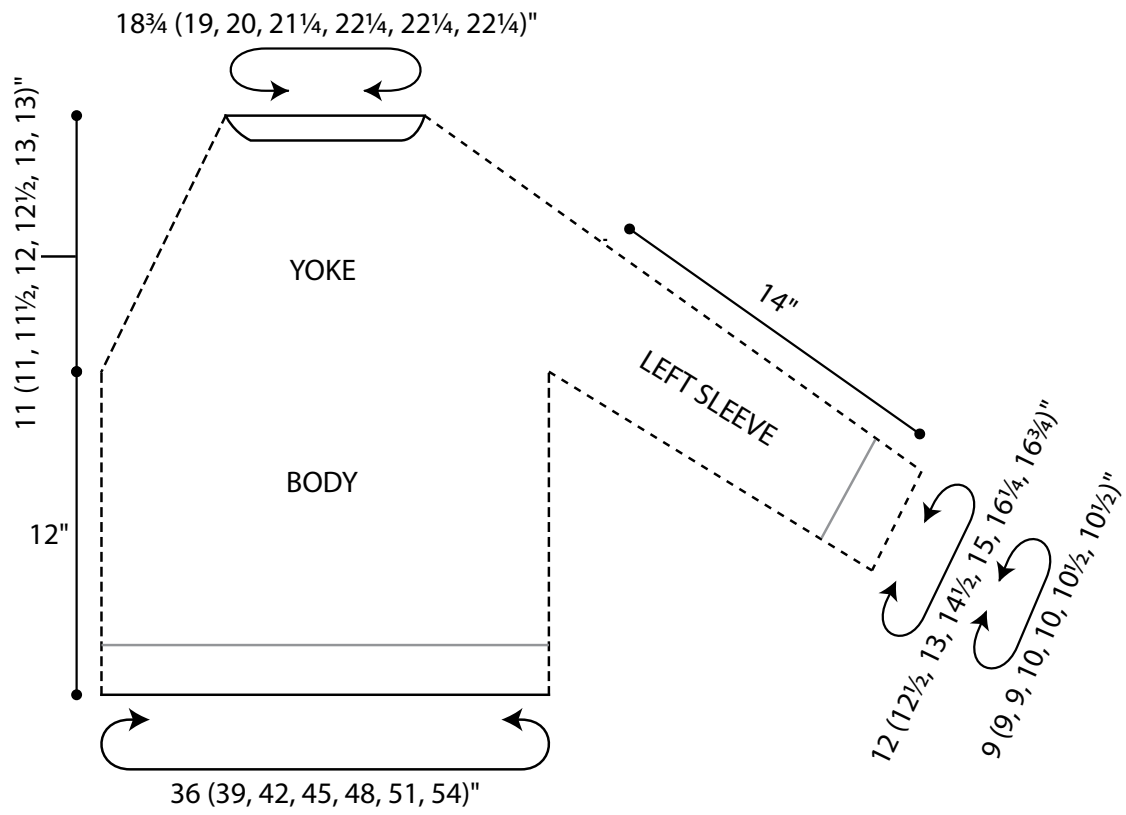
- knit
- yarn over
- / k2tog
- \ SSK
- placeholder - no stitch

**LISETTE CHART (Section 1)**



**LISETTE CHART (Section 2)**





## STANDARD ABBREVIATIONS &amp; TERMS

**beg:** beginning  
**CC:** contrasting color  
**CDD:** Centered Double Decrease—Slip 2 together (as if to k2tog), knit 1, pass the 2 slipped stitches over  
**cn:** cable needle  
**dec:** decrease  
**dpn(s):** double pointed needle(s)  
**end on WS:** end having just completed a Wrong Side row.  
**end on RS:** end having just completed a Right Side row  
**Garner St:** Knit EVERY row when working back and forth in rows. Knit 1 round, purl 1 round when working in the round.  
**inc:** increase  
**k:** knit  
**k tbl:** knit through the back loop(s)  
**k2tog:** knit 2 stitches together  
**k3tog:** knit 3 stitches together  
**kfb:** knit in the front and back of the next st  
**LH:** left hand  
**LLI:** Left Lifted Increase—Insert LH needle into the purl bump one row below the st just worked on the RH needle and knit into this st (1 st inc'd)  
**M1:** Make 1—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, knit this stitch through the back (1 stitch increased).  
**M1L:** Make 1 Left—Work as for M1.  
**M1p:** Make 1 purl—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, purl this stitch through the back (1 stitch increased).  
**M1pL:** Make 1 purl Left—Work as for M1p.  
**M1pR:** Make 1 purl Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, purl this stitch through the front (1 stitch increased).  
**M1R:** Make 1 Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, knit this stitch through the front (1 stitch increased).  
**MC:** main color  
**p:** purl  
**p tbl:** purl through the back loop(s)  
**p2tog:** purl 2 stitches together

**p3tog:** purl 3 stitches together  
**pat(s):** pattern(s)  
**pm:** place marker  
**pssso:** pass slipped stitch over knit stitch  
**rep:** repeat  
**Rev St st:** Reverse Stockinette Stitch—Purl 1 row, knit 1 row alternately when working back and forth in rows. The purl side is the right side of the work. Purl EVERY round when working in the round.  
**RH:** right hand  
**RLI:** Right Lifted Increase—Insert RH needle into the purl bump of the next st on the LH needle and knit into this st (1 st inc'd)  
**rnd(s):** round(s)  
**RS:** right side  
**sl:** slip  
**sm:** slip marker  
**SSK:** Slip 2 stitches knitwise, insert point of left hand needle through fronts of these 2 stitches and knit 2 together.  
**SSP:** Slip 2 stitches knitwise, transfer these 2 stitches back to left hand needle, purl 2 together through the back loops.  
**SSSK:** Slip 3 stitches knitwise, insert point of left hand needle through fronts of these 3 stitches and knit 3 together.  
**st(s):** stitch(es)  
**St st:** Stockinette Stitch—Knit 1 row, purl 1 row alternately when working back and forth in rows. The knit side is the right side of work. Knit EVERY round when working in the round.  
**tbl:** through back loop(s)  
**w&t:** wrap and turn, a method of concealing a hole created in short row shaping. *On RS rows:* With yarn held in front, slip next stitch purlwise, then bring yarn between needles to the back. Slip that same stitch back to the left needle. Turn your work. *On WS Rows:* With yarn held in back, slip next stitch purlwise, then bring yarn between needles to the front. Slip that same stitch back to the left needle. Turn your work. Unless otherwise indicated, each time you come to a wrapped stitch when working subsequent rows, slip the wrap back over stitch and onto needle, then work the wrap together with its accompanying stitch.  
**WS:** wrong side  
**wyib:** with yarn in back  
**wyif:** with yarn in front  
**yo:** yarn over

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